# Course Notes: A Crash Course on Causality – Week 2: Confounding and Directed Acyclic Graphs (DAGs)

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# Confounding

- Confounders: variables that affect both the treatment and the outcome
  - If we assign treatment based on a coin flip, since the coin flip doesn't affect the outcome, it's not a confounder
  - If older people are at higher risk of heart disease (the outcome) and are more likely to receive the treatment, then age is a confounder
- To control for confounders, we need to
  - 1. Identify a set of variables *X* that will make the ignorability assumption hold
  - Causal graphs will help answer this question
  - 2. Use statistical methods to control for these variables and estimate causal effects

### **Overview of graphical models**

- Encode assumption about relationship among variables
  - Tells use which variables are independent, dependent, conditionally independent, etc

#### **Terminology of graphs**

• Directed graph: shows that A affects Y

 $A \longrightarrow Y$ 

• Undirected graph: A and Y are associated with each other

A - Y

- Nodes or vertices: A and Y
  - We can think of them as variables
- Edge: the link between A and Y
- Directed graph: all edges are directed
- Adjacent variables: if connected by an edge

#### Paths



- A path is a way to get from one vertex to another, traveling along edges
- There are 2 paths from *W* to *B*:
  - $W \to Z \to B$  $W \to Z \to A \to B$

**Directed Acyclic Graphs (DAGs)** 

No undirected paths

 $\begin{array}{c} Z \longrightarrow B \\ | \\ A \end{array}$ 

• No cycles



• This is a DAG

 $\begin{array}{c} Z \to B \\ \downarrow \nearrow \\ A \end{array}$ 

# More terminology



- A is Z's parent
- D has two parents, B and Z
- B is a child of Z
- D is a descendant of A
- Z is a ancestor of D

### DAG example 1

$$\begin{array}{ccc} A \longrightarrow B & C \\ \uparrow & \\ D \end{array}$$

• C is independent of all variables

$$P(C \mid A, B, D) = P(C)$$

• B and C, D are independent, conditional on A

 $P(B \mid A, C, D) = P(B \mid A) \Longleftrightarrow B \perp C, D \mid A$ 

• *B* and *D* are marginally dependent

 $P(B \mid D) \neq P(B)$ 

#### **DAG example 2**



• A and B are independent, conditional on C and D

$$P(A \mid B, C, D) = P(A \mid C, D) \Longleftrightarrow A \perp B \mid C, D$$

• C and D are independent, conditional on A and B

 $P(D \mid A, B, C) = P(D \mid A, B) \Longleftrightarrow D \perp C \mid A, B$ 

# **Decomposition of joint distributions**

- 1. Start with roots (nodes with no parents)
- 2. Proceed down the descendant line, always conditioning on parents

$$\begin{array}{ccc} A \to B & C \\ \uparrow \\ D \end{array}$$

•  $P(A, B, C, D) = P(C)P(D)P(A \mid D)P(B \mid A)$ 



•  $P(A, B, C, D) = P(D)P(A \mid D)P(B \mid D)P(C \mid A, B)$ 

#### Compatibility between DAGs and distributions

- In the above examples, the DAGs admit the probability factorizations. Hence, the probability function and the DAG are compatible
- DAGs that are compatible with a particular probability function are not necessarily unique
  - Example1:

$$A \longrightarrow B$$

- Example 2:

$$A \longleftarrow B$$

- In both of the above examples, A and B are dependent, i.e.,  $P(A, B) \neq P(A)P(B)$ 

**Types of paths** 

• Forks

$$D \leftarrow E \rightarrow F$$

• Chains

 $D \rightarrow E \rightarrow F$ 

Inverted forks

 $D \rightarrow E \leftarrow F$ 

### When do paths induce associations?

- If nodes *A* and *B* are on the ends of a path, then they are associated (via this path), if
  - Some information flows to both of them (aka Fork), or
  - Information from one makes it to the other (aka Chain)
- Example: information flows from *E* to *A* and *B*



• Example: information from A makes it to B

$$A \longrightarrow G \longrightarrow D \longrightarrow F \longrightarrow B$$

#### Paths that do not induce association

• Information from A and B collide at G

 $A \longrightarrow G \longleftarrow B$ 

- G is a collider
- A and B both affect G:
  - Information does not flow from G to either A or B
  - So A and B are independent (if this is the only path between them)
- If there is a collider anywhere on the path from *A* to *B*, then no association between *A* and *B* comes from this path

$$A \to G \leftarrow D \leftarrow B$$

### Blocking on a chain

- Paths can be blocked by conditioning on nodes in the path
- In the graph below, *G* is a node in the middle of a chain. If we condition on *G*, then we block the path from *A* to *B*

 $A \longrightarrow G \longrightarrow B$ 

- For example, *A* is the temperature, *G* is whether sidewalks are icy, and *B* is whether someone falls
  - A and B are associated marginally
  - But if we conditional on the sidewalk condition G, then A and B are independent

# Blocking on a fork

- Associations on a fork can also be blocked
- In the following fork, if we condition on *G*, then the path from *A* to *B* is block

$$A \leftarrow G \rightarrow B$$

# No need to to block a collider

• The opposite situation occurs if a conllider is blocked

$$A \longrightarrow G \leftarrow B$$

- In the following inverted fork
  - Originally A and B are not associated, since information collides at  ${\cal G}$
  - But if we condition on G, then A and B become associated
- Example: *A* and *B* are the states of two on/off switches, and *G* is whether the lightbulb is lit up.
  - The two switches A and B are determined by two independent coin flips
  - G is lit up only if both A and B are in the on state
  - Conditional on G, the two switches are not independent: if G is off, then A must be off if B is on

# d-separation

- A path is d-separated by a set of nodes C if
  - It contains a chain  $(D \rightarrow E \rightarrow F)$  and the middle part is in C, or
  - − It contains a fork ( $D \leftarrow E \rightarrow F$ ) and the middle part is in C, or
  - − It contains an inverted fork  $(D \rightarrow E \leftarrow F)$ , and the middle part is not in *C*, nor are any descendants of it
- Two nodes, A and B, are d-separated by a set of nodes C if it **blocks every path** from A to B. Thus

 $A \perp B \mid C$ 

• Recall the ignorability assumption

 $Y^0, Y^1 \perp A \mid X$ 

#### **Confounders on paths**

• A simple DAG: *X* is a confounder between the relationship between treatment *A* and outcome *Y* 



- A slightly more complicated graph
  - V affects A directly
  - -V affects Y indirectly, through W
  - Thus, V is a confounder



# **Frontdoor paths**

- A frontdoor path from A to Y is one that begins with an arrow emanating out of A
- We do not worry about frontdoor paths, because they capture effects of treatment
- Example:  $A \rightarrow Y$  is a frontdoor path from A to Y



• Example:  $A \rightarrow Z \rightarrow Y$  is a frontdoor path from A to Y



#### Do not block nodes on the frontdoor path

- If we are interested in the causal effect of *A* on *Y*, we should not control for (aka block) *Z* 
  - This is because controlling for Z would be controlling for an affect of treatment



• Causal mediation analysis involves understanding frontdoor paths from *A* and *Y* 

### **Backdoor paths**

- Backdoor paths from treatment A to outcome Y are paths from A to Y that **travels through arrows going into** A
- Here,  $A \leftarrow X \rightarrow Y$  is a backdoor path from A to Y



- Backdoor paths confound the relationship between *A* and *Y*, so they need to be blocked!
- To sufficiently control for confounding, we must identify a set of variables that block all backdoor paths from treatment to outcome
  - Recall the ignorability: if X is this set of variables, then  $Y^0, Y^1 \perp A \mid X$

# Criteria

- Next we will discuss two criteria to identify sets of variables that are sufficient to control for confounding
  - Backdoor path criterion: if the graph is known
  - Disjunctive cause criterion: if the graph is not known

# **Backdoor path criterion**

- Backdoor path criterion: a set of variables *X* is sufficient to control for confounding if
  - It blocks all backdoor paths from treatment to the outcome, and
  - It does not include any descendants of treatment
- Note: the solution X is not necessarily unique

#### Backdoor path criterion: a simple example



- There is one backdoor path from A to Y
  - It is not blocked by a collider
- Sets of variables that are sufficient to control for confounding:
  - $\{V\}, or$
  - $\{W\}, or$  $- \{V, W\}$

#### Backdoor path criterion: a collider example



- There is one backdoor path from A to Y
  - It is blocked by a collider M, so there is no confounding
- If we condition on M, then it open a path between V and W



• Sets of variables that are sufficient to control for confounding: - {}, {V}, {W}, {M, V}, {M, W}, {M, V, W} - But not {M}

#### Backdoor path criterion: a multi backdoor paths example



- First path:  $A \leftarrow Z \leftarrow V \rightarrow Y$ 
  - No collider on this path
  - So controlling for either Z, V, or both is sufficient
- Second path:  $A \leftarrow W \rightarrow Z \leftarrow V \rightarrow Y$ 
  - Z is a collider
  - So controlling Z opens a path between W and V
  - We can block  $\{V\}, \{W\}, \{Z, V\}, \{Z, W\}, \text{ or } \{Z, V, W\}$
- To block both paths, it's sufficient to control for
  - $\{V\}, \{Z, V\}, \{Z, W\}, \text{ or } \{Z, V, W\}$
  - But not  $\{Z\}$  or  $\{W\}$

# **Disjunctive cause criterion**

- · For many problems, it is difficult to write down accurate DAGs
- In this case, we can use the disjunctive cause criterion: control for all observed causes of the treatment, the outcome, or both
- If there exists a set of observed variables that satisfy the backdoor path criterion, then the variables selected based on the disjunctive cause criterion are sufficient to control for confounding
- Disjunctive cause criterion does not always select the smallest set of variable to control for, but it is conceptually simple

#### Example

- Observed pre-treatment variables:  $\{M, W, V\}$
- Unobserved pre-treatment variables:  $\{U_1, U_2\}$
- Suppose we know: W, V are causes of A, Y or both
- Suppose M is not a cause of either A or Y
- Comparing two methods for selecting variables
  - 1. Use all pre-treatment covariates:  $\{M, W, V\}$
  - 2. Use variables based on disjunctive cause criterion:  $\{W, V\}$



- 1. Use all pre-treatment covariates:  $\{M, W, V\}$ 
  - Satisfy backdoor path criterion? Yes
- 2. Use variables based on disjunctive cause criterion:  $\{W, V\}$ 
  - Satisfy backdoor path criterion? Yes



- 1. Use all pre-treatment covariates:  $\{M, W, V\}$ 
  - Satisfy backdoor path criterion? Yes
- 2. Use variables based on disjunctive cause criterion:  $\{W, V\}$ 
  - Satisfy backdoor path criterion? Yes



- 1. Use all pre-treatment covariates:  $\{M, W, V\}$ 
  - Satisfy backdoor path criterion? No
- 2. Use variables based on disjunctive cause criterion:  $\{W, V\}$ 
  - Satisfy backdoor path criterion? Yes

M



- 1. Use all pre-treatment covariates:  $\{M, W, V\}$ 
  - Satisfy backdoor path criterion? No
- 2. Use variables based on disjunctive cause criterion:  $\{W, V\}$ 
  - Satisfy backdoor path criterion? No

#### References

- Coursera class: "A Crash Course on Causality: Inferring Causal Effects from Observational Data", by Jason A. Roy (University of Pennsylvania)
  - https://www.coursera.org/learn/crash-course-in-causality